

SALADS

MEDITERRANEAN STEAK

feta, cherry tomatoes, pickled cucumbers, sweet peppers, olives, red gem lettuces, arugula, lemon vinaigrette

CHIPOTLE BBQ CHICKEN

avocado, queso fresco, radish, green onions, romaine, crispy tortilla, cilantro lime dressing

GRILLED CHICKEN COBB

blue cheese, bacon, egg, avocado, cherry tomatoes, romaine, tarragon dressing

ITALIAN CHOP

salami, mortadella, provolone, cherry tomatoes, basil, pepperoncini, Tanimura Farms red gem lettuce, radicchio, roasted tomato vinaigrette



HAPPIER VEGAN

baked falafel, farro salad, hummus, pasta pearls, heirloom cherry tomatoes, baby lettuces, harissa sauce, sherry vinaigrette

TUNA NICOISE

cherry tomatoes, roasted fingerling potatoes, capers, french green beans, egg, olives, baby greens, sherry vinaigrette

PASTAS serves 10

BOLOGNESE

slow cooked pork bolognese, fusilli pasta, grated pecorino cheese

MAC & CHEESE

fusilli, parmesan, cheddar, mozzarella cheese and bread crumbs

DESSERTS

MINI CHOCOLATE CHIP COOKIES

serves 12

CARROT CUPCAKE

individual size

OLIVE OIL CAKE

individual size



TENDERGREENS.COM/CATERING

CATERING@TENDERGREENS.COM

DRINKS 1/2 Gallon serves 4-5

SEASONAL AGUA FRESCA

THE GREENS

FRESH MINT LEMONADE

HIBISCUS TEA

BOTTLED WATER

individual size

ALLERGEN KEY: ● GLUTEN ● NUTS ● RAW ● VEGAN

ALLERGY WARNING: Although efforts are made to avoid cross-contamination of allergens, we cannot guarantee that food items will not inadvertently come in contact with one another during preparation. BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR ORDER TAKER IF ANYONE IN YOUR PARTY HAS AN ALLERGY.

RAW FOOD WARNING: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. ADDITIONAL NUTRITION & ALLERGEN INFORMATION AVAILABLE UPON REQUEST AND ONLINE AT TENDERGREENS.COM.

tender greens

Catering

(310) 868-0016



SANDWICHES

ALL SANDWICHES COME CUT IN HALF

OPTION A

12 halves

OPTION B

12 halves + 1 side

OPTION C

12 halves + 2 sides

CHICKEN PESTO •

chicken breast, provolone, preserved tomatoes, arugula, sunflower seed pesto, aioli, grilled Larder Bakery sourdough

CHIPOTLE CHICKEN •

chipotle bbq chicken breast, spicy aioli, queso fresco, avocado, grilled Larder Bakery sourdough

TOMATO MOZZARELLA •

mozzarella, preserved tomatoes, arugula, sunflower seed pesto, aioli, grilled Larder Bakery sourdough

SALAMI & PROVOLONE •

mortadella, provolone, sunflower seed pesto, giardiniera, aioli, grilled Larder Bakery sourdough



PLATES

ALL PLATES ARE PACKAGED FAMILY STYLE

SMALL serves 10-12 | LARGE serves 15-20

OPTION A

2 standard proteins
+ 2 sides

SMALL
LARGE

OPTION B

1 standard + 1 premium
protein + 2 sides

SMALL
LARGE

OPTION C

2 premium proteins
+ 2 sides

SMALL
LARGE

ALL ITEMS BELOW ARE ALSO AVAILABLE AS ADD-ONS

STANDARD PROTEINS

Salt & Pepper Chicken
Chipotle BBQ Chicken
Fried Chicken •
Baked Falafel •

PREMIUM PROTEINS

Grilled Steak
Grilled Salmon
Seared Tuna •
Grilled Shrimp

SIDES

Mashed Potatoes
Roasted Potatoes •
Brown or Sushi Rice •
Seasonal Vegetables
Baby Spinach •
Laura Chenel goat cheese, toasted almonds, cabernet vinaigrette
Baby Arugula
parmesan, shaved fennel, lemon vinaigrette

Baby Greens •
sherry vinaigrette
Romaine Hearts •
parmesan, sourdough croutons, caesar dressing
Farro Salad •••
dried cranberries, toasted almonds, dill, baby kale, golden balsamic vinegar
Pasta Pearl ••
kale & sesame seed pesto, green beans, basil, parsley, toasted sunflower seeds, sherry vinegar, pecorino cheese

EXTRAS

SALAD DRESSING 16oz
GRAVY 16oz

CHIPS 2oz
sea salt, bbq, or salt & vinegar